

MUSCATEL'S IMPLEMENTATION PLAN

WELLNESS COMPONENT: Other Student-Based Wellness Activities				
Policy Element: Each SWC, will be responsible for developing at least one project related to promoting student wellness.				
What will this look like?: All students will be able to calculate fat grams into calories on food labels.				
Funding (e.g., LCAP/ESSA/Other): N/A				
PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup
<input type="checkbox"/> High	Nutrition education lesson will be taught to all PE students on how to read food labels	March 29, 2019	<input type="checkbox"/> COMPLETED x IN PROGRESS	Name(s): Lianne Kern James Zimmerman Ross Carson Workgroup: PE Teachers
x Medium	A follow up lesson will detail how to calculate fat grams into calories	April 30, 2019	<input type="checkbox"/> COMPLETED x IN PROGRESS	
<input type="checkbox"/> Low	Additional lesson will cover how to determine % of sugar by weight	May 31, 2019	<input type="checkbox"/> COMPLETED x IN PROGRESS	
<input type="checkbox"/> Already in place districtwide			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
x In Progress			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
<input type="checkbox"/> Not Begun	How will this be monitored?		How often will monitoring take place? (e.g., weekly, monthly, annually)	To whom will results and/or updates be reported?
	Physical Education teachers will check for understanding by having students bring in labels from the foods they buy practice calculating fat grams and other nutrients on food labels.		Monthly	Director, Nutr Svc & Wellness
COMMENTS (Include here any indispensable financial, equipment or other resources):				